

Multiple Myeloma Resources

This handout includes trusted resources related to multiple myeloma. The materials listed here do not take the place of medical advice and care. Please talk with your care team if you have questions or concerns. This information is provided only as a resource and does not imply endorsement.

Learn more about multiple myeloma, treatment, and side effects



Organization	Webpage
American Cancer Society	cancer.org/cancer/multiple-myeloma.html
CancerCare	cancercares.org/diagnosis/multiple_myeloma
Blood Cancer United	bloodcancerunited.org/blood-cancer/myeloma
National Comprehensive Cancer Network Guidelines (NCCN)	nccn.org/patientresources/patient-resources/guidelines-for-patients/guidelines-for-patients-details?patientGuidelineId=24

Get support



Organization	Description	Webpage
Cancer Lifeline	Find support groups for patients and caregivers.	cancerlifeline.org
Cancer Pathways	Find support groups for patients and caregivers.	cancerpathways.org
Imerman Angels	Imerman Angels offers one-on-one support for patients and caregivers.	imermanangels.com
International Myeloma Foundation (IMF)	IMF offers support groups for patients and resources for caregivers.	myeloma.org/patient-caregiver-information
Multiple Myeloma Research Foundation (MMRF)	The MMRF has education resources and one-to-one support options.	themmrf.org/support

Organization	Description	Webpage
Northwest Multiple Myeloma Fighters	Northwest MM Fighters is a peer-led group of myeloma patients, families, friends, and caregivers. They provide trusted information and support those living with myeloma.	mmfighters.com

Books we recommend



These books can be found on Amazon.com or in local bookstores.

- 100 Questions & Answers About Myeloma, Asad Bashey
- Living with Multiple Myeloma, Pat Killingsworth

Sign up for our digital library



We offer a collection of e-books, audiobooks, and magazines for patients, families, and caregivers. Sign up by scanning the QR code or visiting FredHutch.org/digital-library.



 SCAN ME

If you are a patient at Fred Hutch and would like more information, please visit the Patient and Family Resource Center on the 3rd floor in Sloan Clinic 1. We can also be reached by email at patientresourcectr@fredhutch.org, or online: FredHutch.org/resource-center.